Product of the Month: Neocutis Bio Serum

Completely transform your skin in as little as one week with NeoCutis Bio Serum with PSP® Intensive Treatment. Target the appearance of lines, wrinkles and photo damage to help activate your skin’s youthfulness with this fast acting super serum.

Bio Serum sets a new scientific standard in skin rejuvenation with a complementary approach that addresses collagen, elastin, hyaluronic acid and depleted aging skin.

Packed with an unprecedented concentration of PSP® plus key ingredients that work in synergy with PSP®, Bio Serum is a high performance protein intervention that helps boost the skin’s own regenerative power to help reduce the appearance of skin aging.

PSP® is one of the latest scientific breakthroughs for anti-aging and post-procedure skincare. Exclusive to Neocutis, PSP® is the optimal protein blend of Growth Factors, Cytokines and Interleukins to help restore and maintain youthful looking skin.

10% off through March!

PS- Stay tuned for a special Neocutis announcement later this month!

Case of the Month: Blepharoplasty with Fat Grafting with Dr. Kelly

Loose, droopy eyelid skin, under eye bags and dark circles are all common signs of aging. This is the result of two things, one being a general loss of volume, principally fat, from under the skin, and damage to the skin. The "droopiness" from the upper lids is the result of excess fat and skin.

Blepharoplasty, or eyelid surgery, is a procedure that involves the removal of excess skin and fat and is designed to restore a more youthful appearance to your eyes. It will not, however, affect crow’s feet or deep wrinkles. Blepharoplasties may involve the upper lids, the lower lids, or both.

Blepharoplasty incisions are made in the fold or crease of the upper eyelids. With the lower lids, the incision can be made either right at the lash line of the lower eyelids or...
through the inside of the lid. Through these incision sites, I am able to eliminate skin and fat.

Blepharoplasties maybe also be performed in conjunction with fat grafting. Fat grafting, or fat transfer, is the process of taking small amounts of fat from one part of the body and re-injecting it elsewhere, to restore a plump, youthful look.

In this particular case, I performed a quad blepharoplasty which means I treated the upper and lower lids, and also did some fat grafting.

In the patient’s After photo, you will notice there is a more refreshed and relaxed appearance to her eyes, as well as a smoother contour to the lower eyelid skin, and a more rested and youthful look overall.

Dr. Wolf and Miami Plastic Surgery were recently honored as the third highest fundraiser for The Education Fund’s Teach-A-Thon that took place in December. The annual event raised more than $38,300 for Miami-Dade Public Schools.

Dr. Wolf, who sits on the organization’s Board of Directors, is a product of our public school system and understands the importance of bettering our schools.

Up next for The Education Fund? The Art of Found Objects Charity Auction in May.

5 Fun Facts with Dr. Franco

We've received great feedback from Dr. Franco’s first column! Thanks for giving him such a warm welcome to the MPS family.

Round 2, here we go...

1. Buttock augmentation can be achieved with fat grafting.

2. I trained at Gent Hospital in Belgium to learn specialized techniques in breast and fat
Let us introduce you to Harriet. The newest member of the MPS team, this darling device is quickly becoming the most popular girl around. And it’s easy to understand why.

Harriet appeals to everyone with her multiple wavelength design, treatment versatility and ability to optimally treat ALL skin types.

Have you set a date with Harriet? What are you waiting for? Here are five reasons to give our a girl a chance...

1. **She saves you money.** While laser hair removal might seem expensive at first, over time you will realize that you are actually saving money. Razors, shaving cream and lotions can set you back over $100 a year while waxing, can go anywhere from $30-150 per session depending on the body part.

2. **She’s not needy.** After approximately five, quick sessions, you’re done. FOREVER. No more waking up early to shave in the shower and no more waxing appointments during your lunch hour. Consider it more “you” time.

3. **She’s a confidence-booster.** Knowing your skin is ALWAYS looking its best will leave you feeling confident. Instead of trying to remember if you managed to take care of everything while you were dozing in the shower, you know your skin is already smooth. No more keeping yourself in one uncomfortable position because of fearing you missed a spot, either.

So... Are you coming to see Harriet or what?

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**Q & A with Dr. Herman**

Q. I’m 22 years old and contemplating having a breast reduction. Although I am still young, I do plan on starting a family someday and would like to breastfeed. Will this be possible?

A. The answer is yes. The ability to breastfeed post breast reduction is dependent on the type of technique used during surgery.

The reason you sometimes hear that breastfeeding isn’t possible after a reduction is because a breast reduction surgery can impede full milk production if milk ducts are severed or nerves are damaged.

There are two main types of breast reductions. With the pedicle technique, the nipple and areola remain attached while the excess breast tissues is removed, maintaining breast function and nipple sensation. The free nipple technique requires both the nipple and areola to be removed, thus severing glands and in turn, losing complete function, sensitivity and obviously lactation.

If breastfeeding is important to you, it is important to select a board certified plastic surgeon that has experience in the surgical techniques needed to preserve the ability to nurse.
Avoiding the Overly Plumped Pout

Let's face it, we're not all blessed with Angelina Jolie's luscious lips. It's natural to want to enhance the appearance of our lips if we feel that their shape or proportions are not well matched to our unique facial structure. Plus, as we age, our lips may lose volume.

However, the recent trend of overly plumped pouts has left many women concerned that they will be overfilled, giving what is often called "duck lips".

Natural-looking, fuller lips can be easily achieved with facial fillers, such as Restylane and Juvederm, when done correctly. Where your doctor injects you determines the outcome so it's important to choose a qualified plastic surgeon or facial plastic surgeon who is experienced in providing natural looking lips.

*Moral of the story? You CAN get fuller lips without channeling Donald Duck!*

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Thank you to all who participated in our Injectables Week Raffle. We raised more than $500 for Operation Smile and The Education Fund.

To learn more about either of these organizations, you can visit [www.operationsmile.org](http://www.operationsmile.org) or [www.educationfund.org](http://www.educationfund.org).

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**Restylane, Perlane & Dysport Promotions!**

**February 1 - March 31**

Save $40 per mL of Restylane or $50 per mL of Perlane!  
[Complete online rebate here.](#)

Save $50 on Dysport treatment!  
[Complete the online rebate here.](#)

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