**Product of the Month:**
**LATISSE**

*The days of skimpy, barely there lashes are over!*  
*Unleash your lashes this fall with LATISSE.*

*And guess what? It now comes in a bigger bottle!* The new 5 mL bottles come with 140 brushes for 10 weeks of usage, as opposed to the 3 mL version which comes with 60 brushes for about 4 weeks of usage.

LATISSE is the first and only FDA-approved prescription treatment for inadequate lashes, making them longer, thicker and darker.

The active ingredient in LATISSE® is bimatoprost which drives the growth of eyelashes, significantly increasing the number of eyelashes growing as well as the length of time that eyelashes grow. Because the growth time is extended, the hairs have more time to get longer and fuller.

*Because really... who doesn’t want long, luscious lashes?*

**10% off through September!**

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**Case of the Month:**
**Facelift with Dr. Wolf**

The face usually portrays the first visible signs of aging. Both gravity and diminished volume result in increased facial wrinkles and sagging skin, particularly along the jawline and upper neck.
A facelift, or rhytidectomy, is a surgical procedure to improve visible signs of aging in the face and neck by tightening the skin and deeper tissues. Skin type, ethnic background, degree of skin elasticity, individual healing, basic bone structure, as well as a realistic attitude are all factors that are taken into consideration with this procedure.

A facelift usually involves incisions along the hairline, in front of and behind the ear. The incisions may extend into the scalp. The skin is then raised outward before I reposition and tighten the underlying muscle and connective tissue. Some fat may be removed, as well as excess skin. The remaining skin is then tightened. I always make sure the incision is placed where it will fall in a natural crease of the skin where a scar will go unnoticed.

Depending on the extent of the surgery, a facelift can take from two to four hours. It can be performed under general anesthesia or a combination of local anesthesia, intravenous anesthesia and sedatives. Recovery time varies for each individual patient.

In this particular case, the patient had a facelift as well as a lower blepharoplasty.

For more information or to schedule a consultation with Dr. Wolf, please call us at 305.595.2969 or visit our website at www.miamiplasticsurgery.com.

Wonder What You'd Look Like Post Breast Augmentation?

Now is your chance!

To RSVP, please email Ronnie Moro here.

Too Much Summer Sun?

Although the effects of those rays are difficult to undo, there are sun damage repair tools or products that you can use to reverse some of the aging effects.

NIA 24 Sun Damage Repair for Decolletage and Hands is a nutrient-rich cream that delivers intense moisture while it improves the appearance of photodamage on the decolletage, shoulders and hands.

Age spots and discolorations visibly diminish with its proven brightening complex. It enhances skin barrier function to accelerate repair and increase resistance to damage and moisture loss.

Dr. Herman's Training Program
On Wednesday, September 12th through Friday, September 14th, MPS will be offering VECTRA 3D imaging during breast augmentation consultations. VECTRA 3D technology is an advanced imaging system that captures 3D images to allow surgeons and their patients to preview surgery results during an in-office consultation.

The elite photo imaging system captures high resolution, three-dimensional photos of the patient’s body which can then be simulated to show patients the possible results of the aesthetic procedures they are looking to have. Patients will be able to experiment with different looks until they find the one they want.

*For more information or to schedule a consultation, please call us at 305.595.2969. VECTRA 3D consultations will also be available during Dr. Franco’s seminar on Thursday, September 13th at 5:30pm.*

*Space is limited. By appointment only.*

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**Q & A with Dr. Kelly**

**Q.** Why do some people form bad scars after surgery?

**A.** There are many variables that determine the quality of a scar after an incision or laceration.

Location is important because some parts of the body nearly always form a nice scar such as the eyelid whereas other areas such as the upper central chest or back usually form thickened and/or widened scars.

Family history is also an important factor because some people are genetically programmed toward thickened or Keloid scars. This can occur more commonly in people with darker complexions but that is not a hard and fast rule. I have seen very pale patients form keloid and very dark patients who do not.

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Did you know that Dr. Herman is the Medical Director of Steiner Leisure, the company responsible for providing cosmetic medical services to the cruise industry?

Dr. Herman trains and directs all Spa Physicians (more than 100 to date!) in order to ensure the highest quality in aesthetic and clinical outcomes.

Steiner Leisure Aesthetic Spas can be found on most major cruise lines including Carnival, Royal Caribbean, Celebrity, Norwegian and Princess.

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Get To Know MPS Outside of the Office!

Have you checked out our new blog?

*MPS Around Town* gives our patients and friends a sneak peek at our lives outside of the office. We thought it’d be a fun way to let you get to know us better.

All work and no play makes for a dull office and...
Wounds that are closed with excessive tension, wounds that become infected, or wounds that have trouble healing are all more prone to poor scarring.

Surgical technique is obviously very important as well. There are now creams which help reduce inflammation and they can be helpful in improving the appearance of the final scar.

The best predictor of how someone will heal is to assess a previous scar. If they healed with a pale thin line in the past, chances are that they will do so in the future.

The Lowdown:
Microdermabrasion vs. Chemical Peels

Both microdermabrasion and chemical peels address common signs of aging such as wrinkles, lines, sun damage and age spots. Both scrape out the outer layers of the skin bringing about a removal of dead cells, debris and scars on the face.

But what's the difference? Here's the scoop...

Microdermabrasion
Microdermabrasion is useful in treating dull skin and leathery skin, reduce mild acne scaring, smooth fine wrinkles, even skin tone and exfoliate clogged pores.

At MPS, our "Crystal Free" system gently abrades the skin surface and suctions away the dead, outer layer of skin cells, stimulating the production of skin cells and collagen which gives the skin its youthful appearance.

The results may be subtle, but it is a good alternative for people with skin that is sensitive to chemical peels.

Chemical Peels
Chemical peels are used to treat wrinkles, skin discoloration and scars. Chemical peels are topically applied acids that aid in the restoration and rejuvenation of the skin's surface. They create an even and controlled shedding of several layers of the skin.
Depending on the type and depth of the peel, few or many layers can be shed allowing new layers to be exposed and creating a fresh new appearance. The condition of the skin and healing times vary depending upon the strength of the peel performed.

**So which one is right for you?**

*It all depends on your goals and the extent of skin damage you wish to reverse.*

To schedule a complimentary skin consultation with one of our medically trained aestheticians, Ana or Kelley, please call us at 305.595.2969.

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