You Are in the Hands of the Best!

Most of you remember filling out some satisfaction surveys that we gave to you earlier this summer. BSM Consulting Firm has been doing these surveys for seven years and only offers the service to practices that are in the top 5% of the country, the elite. While the average score for patient satisfaction was 94.5%, our score was 98.4%. We exceeded the national average in every category. There have only been 5 practices in the history of the survey that didn’t have at least one category score below 4.5 out of 5. We had none! We are very proud of our award and hard work. We strive to continue to always give you the best care possible. Thank you to all of you that took the time to fill out the surveys. We hope to see you in the office again soon. Come by and see our plaque!

Case of The Month: Eyelid Surgery with Dr. Wolf

Blepharoplasty, or eyelid surgery, is a very popular procedure. This surgery is done to improve the appearance of the upper or lower eyelids, or both, and gives a rejuvenated appearance to the face.

Happy Birthday to YOU!

We love our patients here at Miami Plastic Surgery. We are happy to announce that we are sending you birthday presents! Please make sure our front desk staff has your updated e-mail address, and keep an eye on your inbox!

In This Issue

- Case of the Month: Eyelid Surgery with Dr. Wolf
- Fabulous at 40 and through your 50's
- Mesotherapy
- Survey: Tell Us What You Think About Our Newsletter
- Would you be interested in a webcast?
- Botox Arrests
surrounding area, giving you a more youthful, rested, and alert look. This surgery is usually performed under local anesthesia along with intravenous sedation (IV) and as an outpatient procedure. The incisions are made in the crease of your upper eyelids and/or just below the lash line of the lower eyelids. If only fat is being removed the lower eyelids, the incisions will be made inside the lower eyelids. This particular procedure is called Transconjunctival Blepharoplasty and is performed on patients whose major complaint is fat pockets beneath the lower eyelid. The surgery takes approximately 1.5 hours for both upper and lower eyelids. The recovery time for this procedure is fairly fast. You can wear make-up by the eighth day after surgery, and return to work in 10 days. Subtle swelling can last for up to 4-6 months, but Dr. Wolf says that you can plan to look very good by the fourth week.

![Before](image1.png)

![After](image2.png)

**Fabulous at 40 and through your 50's...**

As we approach mid-life, we're focusing on maintaining our health and appearance through exercise and lifestyle adjustments to enhance our energy and rejuvenate our best features. Cosmetic medical care today is full of options for treatments and procedures. From nonsurgical beauty treatments to more intensive surgical procedures, there are a variety of options to meet and maintain your beauty and

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Would you be interested in watching a webcast of an actual survey?

Vote now

Local News Flash...Botox Arrest in Coral Gables

After receiving an anonymous tip, police arrested a suspect at his Coral Gables home for performing Botox injections illegally. The suspect was not licensed to perform the injections,
appearance ideals throughout a lifetime. We all know that as we age, our bodies change. But the process doesn't occur at the same rate over the decades. The older we get, the faster we age. As time passes, the pull of gravity kicks in, and we lose the natural fat and collagen in our skin causing it to thin and wrinkle. Below the skin, fat cells diminish and collect in undesirable places like under our eyes and jawline. We gain weight more easily, stress enhances the lines in our brows and around our mouths, and for some of us, the skin around our hips, legs, stomachs, and breasts sags and stretches.

There are many nonsurgical ways to improve our appearance and slow the effects of the aging process. Eating healthy, exercising, avoiding smoking, and reducing UV exposure are simple ways to maintain our health and bodies. Certain noninvasive and minimally invasive cosmetic procedures enhance the way we look and lessen the impacts of age and sun exposure. Surgical procedures offer more lasting solutions to reduce the evidence of aging on our skin and bodies. A popular procedure for women in their forties and fifties is injection therapy around the eyes and forehead. This can be combined with eyelid surgery or a browlift to brighten the facial expression and diminish baggy eyes and crow's feet. Facial fillers can fill the lips and areas in the face where we are starting to lose volume. Body procedures common at this time are liposuction, tummy tucks, and breast lifts. Skin treatments include microdermabrasion, chemical peels, laser hair removal, and laser skin resurfacing. It's up to you and your surgeon to choose the ideal path to achieve your goals. As you take these steps, we are here to offer you advice and guidance along the way. Call us to schedule your consultation today (305) 595-2969.

Mesotherapy:
Will it really melt my fat away?

Mesotherapy is a series of injections with different (sometimes unknown) substances that allegedly "melt" the fat in your body. The most common injectables for these treatments are available on the internet, usually from overseas sites, therefore the purity of the agents is unknown. It is very important to note that this procedure is NOT approved by the FDA and the American Society of Plastic Surgery does not recommend it. The theory behind mesotherapy remains elusive and no studies have been published to identify how it really works. Significant side effects can result including the loss of skin in the areas of injections. If you have unwanted fat that you are trying to get rid of and have already tried diet and exercise, perhaps you should consider Ultrasonic Liposuction. Ultrasonic Liposuction is safe and effective at removing unwanted areas of fat all over the body and can be performed under local anesthesia with minimal downtime. Call us today to make your appointment for a consultation.

nor did he have any sort of license from the Florida Department of Health. He was arrested at his home on Aug. 5 and charged with practicing medicine without a license. He faces up to five years in prison if convicted of the third-degree felony. You have made a smart choice! Our doctors have attained the highest standards of Board Certification and have extensive knowledge, experience, and expertise with injectables. Spread the word to your friends to be smart about choosing who is injecting their face!

Give the Gift of Beauty

Give the gift of beauty to that special someone. A gift certificate for a skincare treatment at Miami Plastic Surgery is the perfect gift for any occasion. It's perfect for friends, family, and business associates. Purchase a gift certificate for any skin care treatment or any amount towards a skin care treatment. Call now: (305) 595-2969
Tell Us What You Think About Our Newsletter...

Do you enjoy reading our newsletter? Does it provide you with interesting and helpful information? We are writing for you, so please tell us what you want to hear about. Our goal is to provide you with a monthly update of our practice, products, and events. Click on the link below and complete a short survey to help us serve you better. **Tell us what you think**

No Time To Come in for a Consult?

Have a consultation in the comfort of your own home. If your schedule is too tight to come in for a consultation, but you have been thinking about having a procedure, visit our website for a Virtual Consultation. The steps are easy to follow and your doctor will answer with his suggestions for your treatment plan. **Visit our Virtual Consultation page now.**

Plan Your Treatments Ahead for the Holidays

The holidays are still months away, but now is the best time to book your treatments and procedures for entertaining season - **before your calendar fills up.** Entertaining season is right around the corner, so you might not have time to book a series of treatments you need for your makeover this year. Planning ahead now can save you time and get you in great shape well before the holidays, and you can celebrate with a fresh new look.

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