Spring is nature's way of saying "Let's Party!"

- Robin Williams

Wrinkle Relief Week!!

Back by popular demand! Our highly anticipated Injectables Party is back and better than ever. Beginning April 18 through April 22, we will be offering a $50 discount on all injectable procedures. Bring a friend that's new to MPS, and you will each receive $100 off your procedure.

Injectable skin treatments correct wrinkles, frown lines and other signs of natural aging by restoring lost volume for a smoother appearance. Miami Plastic Surgery offers several injectable options including BOTOX™, Dysport™, JUVÉDERM™, Perlane®, RADIESSE®, Restylane®, and Sculptra®.

Skincare Saturdays

Begin April 9th

MPS will be open the second and fourth Saturday of every month from 9:00 a.m. to 1:00 p.m.

We offer a range of treatment options for every aspect of your health and beauty regimen including laser hair removal, facials, chemical peels, acne treatments, microdermabrasion and pre and post natal care.

Schedule your appointment with Ana or Kelley today! Call us at 305.595.2969. For more information visit www.miamiplasticsurgery.com.

MPS is Helping Create a World of Smiles

Volunteering on his 7th Operation Smile mission since 2002, Dr. Kelly
Partygoers will also be treated to complimentary skin care demonstrations, giveaways, samples and much more! Space is limited and by appointment only. Call us at 305.595.2969 to reserve your spot today!

THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR PAYMENT HAS A RIGHT TO REFUSE TO PAY, CANCEL PAYMENT, OR BE REIMBURSED FOR PAYMENT FOR ANY OTHER SERVICE, EXAMINATION, OR TREATMENT THAT IS PERFORMED AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE, DISCOUNTED FEE, OR REDUCED FEE SERVICE, EXAMINATION, OR TREATMENT.

**Product of the Month:**
**Obagi Nu-Derm® Sun Shield SPF 50**

Save your face from the sun this spring with Obagi's Nu-Derm® Sun Shield SPF 50. The sheer formula effectively prevents premature aging and burning by combining high UVB absorption and dynamic UVA blockage. Obagi's latest product has a matte finish that feels great on the skin and can be used by all skin types. Religious sunscreen application is the #1 way to prevent skin aging. A tan will come and go but sun damage is permanent! FYI... The sun’s ultraviolet radiation causes 90% of all skin cancers!

**10% off through the end of April**

**Case of the Month:**
**Hemangioma Removal with Dr. Wolf**

Dr. Kelly has participated in medical missions in Honduras, China, Brazil , Nicaragua and Thailand.

Operation Smile International is a non-profit organization that provides reconstructive surgery for children born with complex facial deformities. To learn more about Operation Smile and how you can help, visit [www.operationsmile.org](http://www.operationsmile.org).

**Anesthesiologist of the Month:**
**Dr. Lee Geller**

Miami Plastic Surgery is proud to
A hemangioma is an abnormal buildup of blood vessels in the skin or internal organs. They develop within the first few weeks of life and may be on the top skin layers or deeper in the skin. Hemangiomas vary in appearance depending on the depth of the increased number of blood vessels, but typically appear as reddish-purple raised sores. Most hemangiomas involute, or shrink, with time.

Hemangiomas are diagnosed by physical examination, but are usually benign and not associated with other medical conditions. Superficial hemangiomas are often left untreated, however can be easily removed should they cause discomfort or insecurity.

In a recent case, Dr. Wolf was visited by a 22-year old, female patient with a hemangioma on her left, upper eyelid. While superficial, and not posing a significant threat to the patient’s vision, the hemangioma had grown in size over time.

To ensure a decrease in growth and no loss of the eyelid’s function, Dr. Wolf opted to surgically remove the hemangioma, leaving the area cosmetically pleasing with no scarring. The patient was extremely pleased with the results and her decision to have Dr. Wolf remove the hemangioma.

Appoint Dr. Lee Geller as our Anesthesiologist of the Month. Born and raised in Miami, Dr. Geller received his degree from South Florida College of Medicine and later went on to train at both Cornell University and University of South Florida.

In his spare time, Dr. Geller enjoys spending time with his three young children, traveling with his family, water sports and snow skiing.

Dr. Geller’s favorite part about working with the MPS team? “Working with a group of people who truly love what they do as well as working together as a team. Even patients develop long-term relationships with the practice and become part of the MPS family!”

A Subtle Approach to Anti-Aging

Sculptra® Aesthetic is a facial injectable used for restoring volume and improving facial contours by replacing lost collagen for a more youthful appearance.

Sculptra® contains poly-L-lactic acid which stimulates collagen growth. As collagen is replaced, it provides a foundation that gradually restores the look of fullness by correcting facial wrinkles and folds.

Sculptra® is a one-time treatment regimen that, depending on the
Surgical incision is a better option for small, isolated hemangiomas, rather than large diffuse ones. To schedule a consult with Dr. Wolf, please call us at 305.595.2969.

5 Top Beauty Secrets of French Women

French women are known for charm, beauty, elegance and that almost indescribable je ne sais quoi. Mireille Divulges, the internationally acclaimed, best-selling author of French Women Don’t Get Fat known for dishing the coveted lifestyle and gastronomy secrets of French women, is letting us in on their beauty secrets too:

1. **French women know that hydration is the key to good skin.**
   Water is the French woman’s secret weapon for skin and beauty, health and weight control. A glass before bed and first thing in the morning is highly recommended.

2. **French women appreciate that good circulation makes one glow.**
   French women are not afraid of cold water in the shower to get one’s circulation going. The opening then closing of the pores with hot then cold water, the shock to the nervous system and wake-up call to the brain of a

amount of fat loss in the facial skin, will require between 1-3 treatment sessions that are scheduled 4-6 weeks apart. The results can last for up to two years!

For more on Sculptra®, check out this video of Dr. Wolf on WSVN 7!

Click Here

**Patient Corner**

"I had a wonderful experience at Miami Plastic Surgery. Dr. Kelly, Adriana and the entire staff at MPS were exceptionally kind and caring throughout the whole process. I was very nervous about having surgery and Dr. Kelly put me at ease from day one! My results are truly amazing and have changed my life. I feel like a new person!"
- Sharron

"Ana- Thank you so much for the lovely & professional job you did on my HydraFacial. It was so good, I left with my head in the clouds! Thanks for a beautiful job!"
- Wendie

Want to share your experience? Send us an email at vmoro@miamiplasticsurgery.com.

**Candela’s GentleMAX Laser Featured on Dr. Oz!**

Check on the segment here!
cold shower and the rigorous towel wiping after a cold finish bring blood and color to one’s skin.

3. French women are taught and know grandma’s beauty rituals work.
Mireille’s mother taught her to clean her face thoroughly every night before going to bed and to apply a mask periodically; and she taught her to rinse her hair with cold water and an added tablespoon of vinegar or lemon juice for added shine.

4. French navigate the health benefits and risks of the sun.
Apart from a Riviera-bronze obsession in the 1960s & 1970s, French women are not sun-worshipping lizards. They are careful to wear sunscreen and look for appropriate SPF in their beauty emollients.

5. French women know one can go far with a great haircut, a bottle of champagne, and a divine perfume.
Nothing more needs to be said about this one!

Q & A with Dr. Herman

Q:
What's the deal with Smart Lipo? I am looking to remove excess belly flab and thought Smart Lipo was the way to go, but now I am hearing very mixed reviews on the procedure. I also noticed your website doesn’t mention Smart Lipo. What are your thoughts on it?

A:
You didn't see Smart Lipo on our website, because Miami Plastic Surgery does not offer it. We, like many board certified surgeons, are not convinced with studies regarding the effectiveness, as well as safety, of this procedure.

Smart Lipo is a laser-assisted liposuction that is heavily promoted as being less invasive and traumatic than regular liposuction, claiming it selectively targets fat.
FALSE! Smart Lipo is causing all the tissues to heat up, not just the fat.

There are no compelling, objective scientific studies that support the claims that Smart Lipo is more selective or less traumatic. In fact, a recent report in the Aesthetic Surgical Journal actually states that complications including contour irregularities, burns, scarring and unsatisfactory results are commonly associated with Smart Lipo and that 65% of plastic surgeons that once used this method are no longer employing it.

So in my opinion, I'd stay away from Smart Lipo. Come by and see me and we will find a solution that's best for you.

Miami Plastic Surgery is committed to the highest level of patient safety and satisfaction. We reject any surgical novelties believed to be unsafe or ineffective. If you would like to schedule a consultation with Dr. Herman, please call us at 305.596.2969. You can also visit our website at www.miamiplasticsurgery.com.

Did They or Didn't They?
Denial isn't just a river in Egypt... ESPECIALLY when it comes to celebrities and plastic surgery!

Employee Spotlight: Iliana Lara

This month’s Employee Spotlight shines brightly on Iliana Lara! Our Front Desk Superstar and Patient Coordinator has been with Miami Plastic Surgery for 11 years, and we feel fortunate to have her with us.

Ili's warm and inviting nature extends to everyone she meets.

In fact, her favorite part about working at MPS is the patient interaction. "From beginning to end, I am a part of their journey."

Whether greeting a patient or answering questions over the phone, she is dedicated to making everyone feel
cared for during their MPS experience. Not a week goes by without a patient commenting on how friendly Ili is.

On her spare time, Ili enjoys spending time with her family and friends. She has two beautiful children with her husband, Danny. Always the ambitious overachiever, Ili has plans to one day start her own business. Anyone who knows Ili, knows that she will no doubt succeed at whatever she does!

Thank you Ili for all your do to brighten MPS!