MPS Welcomes Spring!

Case of the Month: Revision Plastic Surgery, with Dr. Herman

Dr. Herman recently met a patient who had a Mastopexy, or breast lift, done with an implant to give her the fullness and firmness she was looking for. The patient was not happy with her results and was looking to correct the procedure. As you can see from the before picture the implants sit too high on her chest, her areolas are towards the bottom of her breast, and the final result is not what the patient had hoped for.

Dr. Herman opted to re-do the lift so that the areolas would be where they are supposed to be, as well as leaving the original implant in for the overall fullness and firmness. The after picture clearly shows the difference between her original Mastopexy with implant to the Mastopexy Dr. Herman performed.

Plastic Surgery, even if performed by a Board Certified Plastic Surgeon, can leave you with unwanted results. In the case of the month, the revised Mastopexy, Dr. Herman was able to correct the original procedure. However, in some cases permanent damage is done that cannot be revised. Miami Plastic Surgery will review each individual case and assess the best way to move forward.

Spider veins, be gone!

We are offering a special 10% off if you book your Sclerotherapy treatment in the month of May.

Sclerotherapy is the safest and best treatment for eliminating spider veins on the legs. The process involves injecting a very small needle into the spider vein with hypertonic saline. This causes an inflammatory reaction and the gradual fading of treated vessels over a period of several weeks. Sclerotherapy usually requires about 2 to 6 sessions, depending on the area being treated.
Mastopexy, Breast Lift, is a cosmetic surgical procedure used to raise, reshape, and add fullness to sagging breasts. This procedure can also be used in combination with breast implants to enhance firmness and size. Dr. Herman specializes in several of the newest techniques, which leave minimal scarring as well as ensuring the quickest recovery.

**Good Candidates For Breast Lift Surgery**

- Your breasts have lost their volume due to pregnancy or aging.
- You have large areolas with little fullness on the top of your breasts.

If you have had Plastic Surgery that you are not happy with or have any questions on this month’s case of the month please call our office at (305) 595-2969

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**MPS IS NOW CARRYING BIO CREAM, BIO RESTORATIVE SKIN CREAM WITH PSP**

Clinically proven to reduce the appearance of facial wrinkles after two months of daily use. The first and original skin cream formulated with PSP®, a complete protein blend of Human Growth Factors, Cytokines and Interleukins to help rejuvenate and soothe the skin.

This Bio Cream has Anti-Aging Perks:

- Helps reduce the appearance of fine lines and wrinkles
- Improves skin texture and tone for renewed radiance
- Enhances skin firmness

This Bio Cream has Post-Procedure Perks:

- Helps promote recovery and skin restoration after cosmetic or dermatological procedures such as chemical peels, micro-dermabrasion, laser and/or light treatments and cosmetic surgery.

This Bio Cream has Adjunctive Care Perks:

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**Ask our Docs!**

Is there a topic we haven't covered on our newsletter that you'd like to learn more about? If so, please send an email to: jodio@miamiplasticsurgery.com

We would love to hear from you!

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**In This Issue**

Case of the Month
Product of the Month
In the News
Mother's Day Specials
Employee Spotlight
Patient’s Corner
-Helps soothe skin when used in combination with topical medications such as rosacea treatments, anti-acne or retinoids.

Use AM/PM or as directed by your physician for renewed skin vitality!

NEOCUTIS proprietary technology uses cultured fetal skin cells to obtain an optimal, naturally balanced mixture of skin nutrients including cytokines, growth factors and antioxidants. This mixture is called PSP®, which stands for 'Processed Skin Cell Proteins'.

**FOR THE MONTH OF APRIL THIS PRODUCT IS 10% OFF**

If you'd like to purchase these items, please call us at (305)595-2969.

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**FDA warns spas over fat-melting injections**

The Miami Herald recently featured an article in regard to the Lipodissolve "Fat Melting" injections being offered by SPA's in the United States, even locally in South Florida. Lipodissolve injections are a popular nonsurgical alternative to liposuction, as per the spas promoting it.

The FDA announced that these drugs have not been cleared by federal scientists, as required by law!

They have sent citation notices to over half a dozen spas offering the procedure for making unsubstantiated claims about lipodissolve therapy. "The claims made for your lipodissolve products are false and misleading in that they are not supported by substantial evidence or substantial clinical experience," states a letter sent out by the FDA.

The FDA has received reports of permanent scarring and hard lumps on patients’ skin, as well as skin deformation after receiving the therapy.

Dr. Herman was featured as a guest speaker on Telemundo News to discuss the above topic and how important it is that you know what kind of care and products/treatments/drugs you are receiving when looking into new and old cosmetic procedures.

To read more about the article posted in the Herald visit our blog on our website at:

http://www.miamiplasticsurgery.com/blog/
MPS continues to educate its patients by keeping you up to date on the latest topics concerning plastic surgery and products.

**Mark your Calendars for the Mother's Day May Specials!!!**

**Month of May:** Visit MPS, check out our new skin care brochure, book an appointment, pre-pay and receive 10% off your scheduled service: Deep Pore Cleansing, Oxygen Treatment, HydraFacial, Acne Treatments, Microdermabrasion, Blue Peel, Derma-Blade, Salicylic Acid Peel, BioMedica Peel, Thermage, Pulsed Hair Removal, Photofacials, & Sclerotherapy.

**May 19th & 20th:** May is the month that any woman, mother or not, should pamper themselves!!!! It's that time again....MPS is throwing it's May Mother's Day Month Injectable Party! All injectables (i.e., Botox, Restylane, Dysport, etc.) will be $50 off on these dates only! If you bring a friend that is NEW to MPS, you will each get $100 off. Book your appointments soon, as space is limited (305) 595-2969.

*These discounts may not be combined with any other promotions. ** Look through our newsletter to read about other promotions going on in May**

Injectable Party
When & Where
Miami Plastic Surgery
8940 N. Kendall Drive, Suite 903-E
Miami, Fl 33176
May 19 & 20, 2010
9:00AM-5:00PM
Employee Spotlight: Illiana Lara

Illiana has been working at Miami Plastic Surgery for the last 10 years and considers herself "blessed working close with Dr. Wolf, Dr. Herman, and Dr. Kelly as well as working with such professional co-workers". When we asked Illiana what the most important thing about her job was she answered "My job is very rewarding for me because I am able to help patients from the moment they walk in the first time until the moment they have surgery. That is important because all of our patients deserve to have a great experience!".

Illiana, AKA Ili, is a Patient Coordinator/Maitre'D to the front office. We say Maitre'D to the front office because Ili is definitely in control of making sure that all patients that come in have what they need and most importantly that they are comfortable. She loves spending time with her family and friends. She is married and has two beautiful children. A 6yr old girl and a 4yr old boy.

Make sure and say hi to this sunshine of an employee, MPS is blessed to have on board, the next time you are in!

Congratulations Ili from your friends at MPS!

Patient's Corner with Christy

Hi Jessica,

I wanted to share my experience regarding my surgery two weeks ago with Dr. Michael Kelly at Miami Plastic Surgery.

I had a breast augmentation approximately eight years ago, and for many different aesthetic reasons, decided the time was right to replace my implants with gels instead of saline. I was anxious mostly because I knew how painful surgery can be as well as anesthesia (I have had bad experiences with nausea in the past from surgery). I decided on Dr. Kelly because of
such high recommendations from other patients/colleagues in the area that had great outcomes.

What an experience! From the moment I walked in the door, everyone from the front office staff to the nurses where amazing! The girls at the front were friendly and got me in to see the doctor on time. Adrianna, Dr. Kelly's nurse was very accommodating and patient as I asked her a million questions before Dr. Kelly even entered the room! After having my consult with Dr. Kelly, I felt very comfortable and at ease with my decision due to his kind demeanor and professionalism - I was going to book my surgery that day for the next month!

From the OR experience, hands on care by top notch nurses and Anesthesia (Dr. Abraham), to my experience in the office, it far surpassed my expectations! I felt absolutely no nausea, the pain was minimal, and I was already on the road to recovery.

Even though I had surgery two weeks ago, I feel great and am getting back to my daily activities.

Thank you to Dr. Kelly and staff for making my experience with surgery such a positive one!

Sincerely,

Christy

If you have a story you'd like to share please send an e-mail to jodio@miamiplasticsurgery.com