Miami Plastic Surgery wishes you a fun & safe 4th of July celebration!

Product of the Month: SkinCeuticals A.G.E. Eye Complex

Pack a punch against sagging skin and dark circles! This three dimensional treatment contains a unique combination of ingredients to improve visible signs of aging around the eyes in mature skin. The lightweight formula is infused with healthy fruit extracts and vitamins for nourished, strengthened and far more youthful eyes.

Immediately, optical diffusers improve radiance and minimize the appearance of dark circles and capillaries. Within 4 to 12 weeks a synergistic combo of peptides and flavonoids strengthen blood

MPS is in Allure Magazine!

We are extremely proud to announce that our Deep Pore Cleansing Facial made Allure’s July 2011 Directory of Top Treatments for Under $100. With a four and half out of five star rating, the writer raves "this is the most effective facial I've had yet"!

Special Packages

Buy 3 HydraFacials for $300 ($250 in Savings)

25% off Bikini and Underarm Laser Hair Removal Packages ($150-300 in Savings)

Offers valid through July 31, 2011. Must be prepaid at time of purchase. No expiration date. Can not be combined with any other
vessel walls and improve lymphatic drainage to dramatically improve dark circles and puffiness.

By week 12? Blueberry extracts interrupt the formation of advanced glycation end-products (A.G.E.) and Proxylane restores water and nutrient content to increase skin elasticity and thickness for dramatic improvement of wrinkles and crow’s feet.

It's time to give your eyes the TLC they deserve!

10% off through the end of July

Case of the Month with Dr. Wolf: MOHS Reconstructive Surgery

MOHS Micrographic Surgery is a microscopically controlled and precise procedure used to remove skin cancers one layer at a time. MOHS is typically applied to parts of the face and body where excessive skin removal would disrupt other important structures or functions.

The majority of MOHS defects are on the face, most on the nose and lip area. Once the skin cancer has been completely removed, MOHS reconstructive surgery is performed using either a skin flap or skin graft. Skin flaps

Anesthesiologist of the Month:

This month, we recognize our longtime friend and colleague, Dr. Joseph Boolbol. Dr. Boolbol has been working with Miami Plastic Surgery since its inception in 1999.

When asked what's kept him at MPS all these years, he says, "I love the work environment at Miami Plastic Surgery. Everyone works together as a team and there's just a really great vibe here."

Dr. Boolbol graduated from Emory University in Atlanta and went on to receive his medical degree from the prestigious New York Medical College.

When he's not working, Dr. Boolbol enjoys spending time with his family as well as volunteering with underprivileged families. We are honored to have Dr. Boolbol as part of our team and look forward to continue to work with him in the future.

Congratulations Dr. Kelly!
employ excess nearby tissue which is transferred onto the defect to repair it. Skin grafting involves taking a piece of skin from an inconspicuous area with excess, available tissue and skillfully using it to reconstruct the defect.

Local anesthesia is used during the procedure, which can last 1-2 hours. If needed, scar revision surgery can be performed at a later time. Dr. Wolf tailors patients' MOHS reconstructive surgery to achieve the best results with minimal scarring and the most natural-looking outcome.

In the case below, Dr. Wolf employed the skin flap method.

On Saturday, June 18th, Dr. Kelly, along with two of our anesthesiologists, Dr. Fernandez and Dr. Zaitman, won 1st place in the 14th annual Jorge Portela Memorial Give or Take an Inch Fishing and Diving Tournament, which takes place every Father's Day weekend on Key Biscayne.

The team caught 46 dolphin and won the overall fishing prize for the 10 heaviest fish, weighing in at 52 lbs.!

All proceeds from the tournament go to the Jorge Portela Scholarship Fund at Auburn University.

Give the Gift of Beauty...

Purchase a gift certificate and give your loved ones the gift of beauty and youth! Gift certificates make the perfect gift for any occasion. We offer a wide variety of products and services, sure to fit everyone's wish list, including your own!
New FDA Regulations for Sunscreen

Sunscreen labeling is changing and that should mean better sun protection for you. The FDA recently announced new regulations for the sunscreen industry effective June 2012. Here's the scoop:

**Sunblock, Waterproof and Sweat Proof Are Out!**
These terms are being eliminated because

1 Week After

3 Weeks After

If you would like to schedule a consultation with Dr. Wolf, please call us at 305.595.2969. You can also visit our website at www.miamiplasticsurgery.com.

Please call or stop by our office to purchase a gift certificate today! No minimum purchase required. 305.595.2969

**Miami's Woman's Success Summit & Expo**

On May 19th and 20th, MPS participated in Miami's Women's Success Summit & Expo, designed to help professional, ambitious women elevate themselves beyond where they are today.

Dr. Herman was an expert panelist in the "Elevate Your MQ (Male Quotient)" panel session.
they give the consumer a false sense of protection. A more appropriate word? *Water resistant*. Manufacturers will also have to list how much time one can go without reapplying while swimming or sweating.

**No More Descriptions!**
Under the new regulations, sunscreens may only be labeled "broad spectrum" if they block both UVB and UVA radiation. Only those that are broad spectrum and have an SPF of 15 or higher can claim they reduce the risks of skin cancer. Conversely, those that don't must carry a warning label saying they don't.

**Capping off at 50!**
Due to lack of data proving that higher numbers offer any greater protection, the highest SPF will be be 50+.

**Sunscreens are Safe!**
Recent studies prove that nanoparticles from sunscreens don't penetrate the skin causing other health problems.

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**Q & A with Dr. Herman**

Q: I'm not exactly thrilled with my derriere and have been hearing a lot about the "Brazilian butt lift". What exactly is it and is it something you offer?

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**Patient Corner**

"Dear Dr. Kelly,

I would like to take this time to thank you for the your hard work and dedication it took to make my procedure possible. I am healing very nicely and I am so happy with my results so far.

Also, I want to extend my gratitude to your wonderful staff. Every staff member in your office plays a very unique role and makes you feel like family. You should be very proud to work with such wonderful people. They all make a difference in the overall success of Miami Plastic Surgery."

- Zoila Q.

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**We Want to Hear from You!**

If you have a story you'd like to share, please send an email to vmoro@miamiplasticsurgery.com.

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at Miami Plastic Surgery?

A: A Brazilian butt lift is a procedure that consists of a combination of removing fat via liposuction around the outer thighs and buttocks crease and injecting fat into the buttocks. When the fat is removed, it is processed and purified, and then reinjected into your buttocks.

There are certain complications associated with the Brazilian butt lift, which is why neither I, nor Drs. Wolf and Kelly, perform this procedure.

Firstly, the grafted fat often migrates and can cause lumps and irregularities in the buttocks. Secondly, approximately 30% of patients experience significant fat absorption which affects the results, thus requiring a second round of fat injections.

Lastly, additional risks of infection, and other serious complications make this a very risky operation.

My opinion? Save your money and give yourself a natural butt lift with some squats and lunges!

Skin Care Stats...
One skincare regimen does not fit all, and this fact is especially apparent in the results of a new poll sponsored by Obagi Medical Products. 1,000 women within the range of "skin of color", including African American, Hispanic, Asian and Middle Eastern descent were surveyed and one fact rang true throughout- most women deal with unresolved skin challenges.

- 47% see a dermatologist for dark spots, uneven skin tone or hyperpigmentation, HOWEVER...
- 11% expressed a strong familiarity with an ingredient most dermatologists consider the gold standard in treating certain pigmentary disorders- hydroquinone. ODDLY...
- 61% were not familiar with this ingredient.
- 58% struggle to find skincare products that meet their needs.
- 47% say their current regimen doesn't meet their expectations. YET...
- 52% spent more than $100 on
Most of the women surveyed claim to wear a sunscreen with an SPF rating of 15 every day; HOWEVER 16% of those who don't wear sunscreen believe it's not important for skin of color. (*Seriously ladies!?!?!*)

Regardless of ethnicity, this poll suggests partnering with a knowledgeable professional can be beneficial when managing the skincare challenges faced by women with skin of color.

Luckily, MPS has two extremely knowledgeable professionals in our medically trained aestheticians- Kelley Nathan and Ana Malvarez. To schedule a skincare consultation, call us at 305.595.2969.

Employee Spotlight: Alba Cardenas

July's Employee Spotlight goes to Alba Cardenas. Her performance constantly exceeds expectations and goes above and beyond her duties as an Operating Room Assistant. Alba's been a part of the MPS family for seven years now and
we couldn't imagine it any other way!

Alba, a.k.a. "Saint Alba", makes each day pleasant with her warm smile and diligence in keeping Miami Plastic Surgery a clean, safe and healthy environment. "Compassionate, calming, mindful and motherly" are just some of the words used to describe Alba by patients, patients' families and colleagues.

According to Alba, she loves being here just as much as we love having her, and considers this her dream job. "I love that we're a family here," she says. Alba also enjoys caring for the patients and making sure they leave here feeling good. An added MPS bonus? "Botox and Restylane!"

Alba has been happily married to her husband, Jesus, for 27 years, and they have 4 children and 8 grandchildren. She enjoys spending time with her family and relaxing. Her current hobby? Redecorating her house!

*We look forward to many more years of Saint Alba's smiles!*