Celebrating Our 10th Year of Partnership!

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Happy 4th of July!!!

The Miami Plastic Surgery Staff hopes you all had a fun and safe 4th of July celebration!

Case of the Month: Tummy Tucks with Dr. Herman

With summer in its prime, we've all been thinking about looking our best in our bathing suits, but that bulging belly may be preventing us from doing so. You can exercise and diet all you want, but often enough it is impossible for many women who have been pregnant, or for men and women who have had massive weight loss to achieve a flat tummy. Although exercise and weight loss may help, it will not improve loose skin, stretch marks and weak, separated muscles. Fortunately there is a solution. A tummy tuck aka an abdominoplasty is a cosmetic surgical procedure used to tighten your stomach muscles, eliminate excess fat, and remove sagging skin and stretch marks. There are two types of tummy tucks, a mini-tummy tuck, and a full tummy tuck. The amount of excess skin and fat will determine which procedure is best for you.

Miami Plastic Surgery uses the latest techniques and technology to minimize post surgery pain, and ensure the most rapid recovery. Two recent innovations pioneered by the doctors at Miami Plastic Surgery, are the Pain Pump and Fibrin Tissue Glue. The fibrin tissue glue seals the space under the skin where the fluid can accumulate so drains are not needed as long and can be removed faster. Dr. Herman's tummy tuck patients also receive a pain pump during surgery that works for 3 days. This pump continuously delivers a local anesthetic directly into the muscles eliminating post surgery pain. The pain pump sits in a convenient little fanny pack and runs by itself. Most patients don't need any other pain medication! To schedule a consultation with Dr. Herman and to take care of that pouch you've been dying to get rid of! Call

Can't make it in for your skincare treatment with Ana during our regular hours? Well, we have good news for you! Not only are we extending our hours, but if you get a laser hair removal treatment done to one area you'll get 1/2 off on the second area! Our extended hours are on Tuesdays from 5pm-7pm. All Happy Skincare Hour appointments must be prepaid on the date booked.

Call us today to schedule your Happy Hour appointment with Ana!
305.595.2969
305.595.2969 today.

Mini Tummy Tuck
Before
After

Full Tummy Tuck
Before
After

For more info and to check out more before and after pictures click here!

July Microdermabrasion Special
For the month of July get a Microdermabrasion treatment for 50% off!! Microdermabrasion is a simple, non-invasive procedure that revitalizes and exfoliates dull skin, and reduces large pores. It is the most effective exfoliation for your skin. Microdermabrasion is painless and effective on all skin types. It helps your skin look younger and healthier in just 30 minutes. It allows you to get back to your daily routine immediately after treatment; so why not make it a lunch date and treat yourself to better looking skin? Call now to make an appointment with Ana and make sure to mention the July Microdermabrasion Special!

Regular price $150- July Special price- $75!! Don't miss out on this fabulous deal! Call us today at 305.595.2969.

Dr. Herman on Telemundo Tonight!
Dr. Herman will be interviewed on Telemundo news about the recent FDA approved alternative to Botox, Dysport!! Tune in today, July 7th at 11pm!!!
Prevent Photoaging

Photoaging refers to the damage that is done to the skin from prolonged exposure, over a person's lifetime, to UV radiation. Most of the skin changes that occur as we get older are accelerated by sun exposure. Photoaging causes such things as dark spots, wrinkles, saggy skin, broken blood vessels and skin cancers. Below are some tips for prevention:

1. Minimize sun exposure, especially during middle of the day.
2. Always protect your skin by applying sunscreen every morning under your make up. (MPS has great sunscreens to choose from)
3. Remember you can burn as easily on an overcast day as on a sunny day!
4. Stay away from tanning salons, all kinds. No matter what they say, they are harmful to your skin.

Miami Plastic Surgery wants you to look good and stay healthy!

Patient's Corner with Renee Wise

I have been a patient of Dr. Kelly's for a long time and he and the staff has always been so good to me and extremely professional. I have had a number of procedures done with Dr. Kelly and I have had a great experience every time. When I did my tummy tuck I had no pain or discomfort at all. My facelift and browlift were amazing. Another thing that I love about Miami Plastic Surgery is that the staff has always been so nice and helpful, which I find very important. I really appreciate all of the help I've gotten from the staff. Dr. Kelly will always be on the top of my list for any procedure. I moved out of state and I still come back to Miami to have surgery with Dr. Kelly!

If you have a story you would like to share please e-mail to ksilva@miamiplasticsurgery.com.

Employee Spotlight: Susan Coppola

The MPS family is happy to present Susan Coppola as June's Employee of the Month! Susan has been working with us for five months now and has done a great job as the "bean counter" as she likes to call herself. Susan is the MPS book keeper. She has a daughter named Rachel and she's happily married to her husband Joe. Susan's favorite hobbies are reading and writing. She has a great sense of humor which makes her a pleasure to work with. Susan.
Congratulations Dr. Wolf!

Dr. Wolf recently celebrated with Despierta America for their 12th year anniversary! If you didn’t already know, Dr. Wolf has had a bi-monthly segment on Despierta America as long as the show has been on air! Congratulations Dr. Wolf!

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