Father's Day Special

The Miami Plastic Surgery team would like to wish all of you hard working Dads a Happy Father's Day! In honor of this special day, we invite you to try our new Gentlemen's Bacial. A "bacial" is a skin treatment formulated specifically for the back. It's essentially a facial for the back. Many people have trouble maintaining the skin on their back since it's so hard to reach. Many also suffer from seasonal skin congestion and dryness. The Gentlemen's Bacial will help clear that congestion and leave skin feeling smooth and healthy. For the entire month of June, receive a Gentlemen's Bacial for $80 (original price $100)! This makes for a perfect gift for dad! Custom Gentlemen's Facials are also available.

Call us at (305) 595-2969 to schedule your appointment or to purchase a gift certificate!

Case of the Month: Correcting Inverted Nipples with Dr. Kelly

Many women are born with inverted nipples and don't realize that this problem can be fixed. It is a source of embarrassment and makes them feel self conscious, especially when undressed. The cause of this problem is shortened ligaments within the breast which don't allow the nipple to project outwardly. Many people are unaware that this can be surgically corrected by making an incision at the base of the nipple and releasing the restraining ligaments. It is not necessary to cut the ducts going to the nipple, so the ability to breast feed should not be interfered with. (And actually, patients with inverted nipples find it very difficult to breast feed in the first place, so this operation may allow them to.) The incision is closed with dissolvable sutures and the scar is barely noticeable. Most patients feel fine the next day. The surgery can be done with just sedation, general anestheisa is not needed.

Finally! An Instant Lash Enhancer!

We are very excited to introduce a new product called Divaderme's Lash Extender. This product instantly lengthens and fills in your eyelashes with natural tiny fibers enriched with Panthenol. All you have to do is:

1. Apply mascara as usual.
2. Apply the Divaderme Lash Extender to the tips of your lashes until you achieve the length and thickness you want. This adds tiny little fibers to the tips of your lashes to make them longer and fuller.
3. In order to seal the fibers you must apply mascara once again.

And voila! You've got long beautiful lashes in no time!

You may reapply until you get your preferred result. Set includes mascara and extender for $50!

Call us today to order your Divaderme Lash Extender!
(305) 595-2969
MPS FIRST IN SOUTH FLORIDA TO CARRY DYSPORT!!

The moment you've all been waiting for has finally arrived. We are very excited for the launch of the new injectable, Dysport, a new alternative to Botox! MPS will be the first practice in South Florida to carry the drug. Dysport will be the second drug to be approved by the FDA to treat forehead wrinkles and frown lines.

Be on the look out for an email from us in July for a Dysport launch date and party!

Meredith's Wellness Tip of the Month

Once we have decided to take ACTION, in order to achieve our best self, we must BELIEVE we can do what we set out to accomplish. The first step is believing in yourself. See your good side instead of zeroing in on your trouble zones, recognize the good things going on in your life, find realistic role models, get support and know that you can be the BEST THAT YOU CAN BE. Now that we’ve passed through A and B, we can get to C... taking the CHALLENGE to make a COMMITMENT to CHANGE. Making a solid commitment to yourself to begin making changes in your life is of extreme importance. Whether it’s losing weight, exercising more, taking time for yourself, running a marathon or ridding yourself of negative energy people, it’s never going to happen if your don’t make the COMMITMENT TO YOURSELF and stick to it. Some people like to put it in writing, develop a contract for themselves or keep a journal of their progress. However you choose to embrace it. Once you’ve firmed up this commitment with yourself there’s no holding back! Remember all things are possible to him/her that BELIEVES!!! Go for it!

To meet with Meredith to discuss your personal wellness, you can call her at (305)785-8481.

June 23, 2009

Back by popular demand, the Fraxel re:store. Don't believe us, check out the before and after pictures and see for yourself. Our patients have had amazing results with Fraxel. Call us today at (305) 595-2969 to schedule your complimentary consultation with our aesthetician, Ana. Get that Ana glow that everyone is talking about! Call today to as space is limited.
Patient's Corner with
Morgan Budman

Getting the Rhinoplasty procedure to remove my bump has been something I wanted to do for as long as I can remember. When I began my search for the best doctor in Miami, Dr. Wolf came up on every list. Although he came highly recommended, I still wanted to check out a few other doctors in order to help me make this important decision. And sure enough, as soon as I met with Dr. Wolf, I knew he was the one I wanted to do my surgery. I was so nervous the day of the surgery, but with the help of all of the nurses and comfort from Dr. Wolf himself, my worries were put to rest. The procedure went very smoothly and honestly, my pain was at a minimum. Needless to say, I could not be happier with my results. I absolutely love my nose!! And the best part of it all is that aside from my friends and family that knew about the surgery, no one has been able to tell. Dr. Wolf is definitely the best doctor in Miami if you are considering this procedure. Thank you so much Dr. Wolf. -Morgan Budman

If you have a story you would like to share please e-mail to ksilva@miamiplasticsurgery.com.

Keep Your Family and Friends Updated with twitter

As you may already know, Twitter is a free social messaging utility for staying connected in real-time. With Twitter, you can constantly update and share with your friends what you’re doing. Our doctors are now using this service as a way of updating family and friends with what is going on during patients in surgery. Whether they are in the waiting room, at home, at work or even on the road, your family and friends can check Twitter to know how you’re doing in surgery. For example, one of the doctors might twitter something like, “Patient asleep, starting surgery”. A little while later he might say, “surgery going well, almost done” and so on. And don’t worry, your name will not be posted, the doctors will never mention a patient’s name in their tweets! So far we’ve had a great turn out. Just today a patient’s mother said, “It was so great to know what was going on during my daughter’s surgery. It made me feel more at ease. I was checking twitter on my blackberry constantly for new updates and her friend was checking from her computer at home.”

To follow Dr. Herman on Twitter: http://twitter.com/bradhermanmd
To follow Dr. Kelly on Twitter: http://twitter.com/drmichaelkelly
To follow Dr. Wolf on Twitter: http://twitter.com/carloswolfmd

Did you know that we have no interest CareCredit payment programs? We also offer extended payment plans for up to 60 months at a fixed interest rate. MPS will take care of you despite the economic times so that you can have your procedure done soon! Click here to use CareCredit’s free online payment calculator to get a monthly payment estimate. Now there is nothing to hold you back from having that surgery you have always wanted.

For a consultation with one of our doctors, call (305)595-2969.

Do you have Facebook? Join the Miami Plastic Surgery group on Facebook. Click here to join!
Our Doctors are Up to Date with the Latest

Every year the American Society for Aesthetic Plastic Surgery holds a meeting to address "everything you need to know about the latest in cosmetic surgery" according to Aesthetic Society President Alan Gold, MD. Our doctors attend educational meetings and seminars regularly to have the latest information in cosmetic surgery. Dr. Kelly attended this year's meeting, "Beauty and Science: A Winning Combination". This is just another reason why Miami Plastic Surgery is the best practice for your cosmetic surgery needs.

Did You Know?

Did you know that doctors come from all over the world to train with us? Last month Dr. Julio Gavidia from Lima, Peru spent some time with our doctors. He said, "I have had the opportunity to see different forms of work, Drs. Kelly, Herman and Wolf were especially professional. The professionalism, organization and surgical ability of the doctors have been very enriching for me. I am eternally thankful for the treatment that I received from all you."

Pictured: Dr. Kelly at the ASAPS 2009 Meeting

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