Case of the Month: Under eye injectables, with Dr. Wolf

Your eyes are known as the window to your soul. It is usually the first thing someone notices about you, so you want them to look fresh. As we age, the fat pads under the eyes begin to move downwards, and they hollow. Grooves can appear in the area under your eye, also known as the tear trough, which separates the upper cheek from the lower eyelid. The skin is affected as the volume in this area is lost. People often complain they look older or tired because of their eyes. The tear trough actually is not a bag or extra fat; it is a depression. When you have a depression it makes the slight puffiness look like a big bag. You can fill in the depression with fat. However, for your younger patients, using injectables is a better option. As you age the fat can grow in and you may appear older than you truly are.

Dr. Wolf uses a Hyaluronic Acid, Restylane, as it fills in evenly and nicely. The whole procedure can take anywhere from fifteen to thirty minutes. A numbing cream is applied to your under eye area, specifically where the tear trough is. The skin in that area is so thin that you may not even feel the injectable after the numbing cream is used. Dr. Wolf may use either ½ or 1 cc of Restylane. The results usually last between six months to a year, depending on your skin. Occasionally, you may have to have a touch up a few weeks after treatment. Injectables for your eye area in general are not for everyone and should only be done by an experienced physician.

In this month’s case of the month the patient came in complaining about bagginess underneath her eye. Dr. Wolf injected Restylene into the tear trough area which resulted in a smooth, more refreshed look.

If you have any questions on this procedure, or would like to book an appointment to see Dr. Wolf, please call our office at (305) 595-2969

Q & A with Dr. Kelly

We’ve started a monthly Q & A column for our patients!
If you have a question you’re too embarrassed to ask, don’t have time to call about, or are simply just curious... email us! The doctors will respond to your question[s] via our newsletter!

Send in your questions to: jodio@miamiplasticsurgery.com
Questions will remain anonymous.

November Question:
I had a face lift done a few years ago. I have some white marks
behind my ears. It looks like stretch marks, discoloration. Is there anything that can be done for that?

A: In facelift surgery, the position of incisions, type of sutures used, length of time sutures are left in place, and the amount of tension on the skin; can all contribute to the final scar. In your case, it sounds as if the incisions were placed in a visible area, with excessive tension and the stitches may have been left in too long.

Fortunately, these problems can usually be helped via scar revision. Scars can be moved to less visible areas, and their appearance can be improved via dissolvable stitches and minimal tension on the skin. After a few months the new scar should be hidden, fine, and visible only on extremely close inspection.

Miami Plastic Surgery ONLINE WEBSTORE!

www.miamiplasticsurgeryskinstore.com

Check out all your favorite brands & products:
- DivaDerme
- La Roche-Posay
- Liquid Smile
- NEOCUTIS
- NIA24
- ScarGuard MD
- YOUNG Pharmaceuticals

Please note MPS carries other products that can not be sold online. Certain products and lines can only be sold after a doctor approves it's use. If you have any questions please call us at 305-595-2969

Employee of the Month: Maria Andrew

Maria Andrew is the Front Desk Supervisor here at Miami Plastic Surgery. She has been with MPS for four years now. She has worked in the medical field for over seventeen years. Her background as a Medical Assistant comes in handy around the office as she is able to draw blood for the pre-op patients. Maria is a team player and is always happy to help whether it be with the overall staff, doctors, or patients. If you have a question she is sure to get you the right answer.

Maria's favorite hobbies include swimming, biking, running, and...
spinning. She is a part time spinning instructor for LA fitness! She enjoys running Triathlons and Marathons. She is definitely in shape and energized from all her activities. Her favorite past time of all is spending time with her family! Maria's family consists of her husband, three daughters, and two dogs. We are happy to have Maria as part of our team at Miami Plastic Surgery and look forward to having her around for years to come.

Congratulations Maria!

MPS OUT & ABOUT

On Saturday, 10/30/10, Maria Andrew and Dr. Carlos Wolf participated in and finished the Ironman Miami 70.3. It was a 1.2 mile swim, 56 mile bike ride, and a 13.1 mile run.

MPS NEWS

Dr. Kelly, Dr. Herman, & Dr. Wolf have all been named Clinical Assistant Professors of Surgery at the FIU Medical School. Students who wish to conduct research for their papers, who need to accumulate hours for graduation, and or who are simply interested in Plastic Surgery as doctors, are able to apply to follow on of our doctors through their university.

It is not uncommon to see students from FIU, as well as other schools locally, out of state, and abroad, spend the day with one of our doctors learning and interacting through medicine here at Miami Plastic Surgery.

Dec 6th & 7th

On the day(s) of our injectable party you will receive $50 off your injectables (Botox, Dysport, Restylane, Juvederm, Sculptra, etc.)

Bring a friend who is new to Miami Plastic Surgery and you both will receive $100 off!

What’s a party without some refreshments, snacks and goodies??? Not to worry Miami Plastic Surgery will make sure you have fun!