Botox & Fraxel Party!

Back by popular demand, we are hosting a Botox Party Tuesday March 31st and Wednesday April 1st. We are offering $50 off of your injectable treatment and if you bring a friend that is a new patient to MPS you will each get $100 off! We are also happy to be offering the original and most popular Fraxel treatment, Fraxel re:store™. This treatment is a noninvasive way of resurfacing damaged skin and uncovering the skin of your youth. Fraxel treats wrinkles around your eyes, acne scars, surgical scars, age spots/sun spots, melasma and Actinic Keratoses. All patients interested in Fraxel must schedule a consultation with our aesthetician, Ana prior to March 31st. *This offer is good for March 31st and April 1st only. Friend must be a new patient to MPS and both of you must receive the treatment on the above dates in order to receive the discount. We look forward to seeing you! Call us today (305) 595-2969 to set up your appointment as space is limited.

Case of The Month: Breast Augmentation with Dr. Kelly

Breast Augmentation patients come in two main varieties: Women who have always been small and want to be bigger, and moms who were initially happy with their breast size before pregnancy but have lost breast tissue after their kids were born. In both cases, we can use an implant to make the breast larger. The surgery is done endoscopically, which means a TV camera is inserted through a 1 inch incision in the armpit, and the pocket is made behind the muscle while the surgeon watches the progress on a TV monitor. Because of the

MPS' First WEBCAST!

We are very excited to be posting our first webcast this month! Dr. Kelly will be performing a Breast Augmentation and you will be able to watch the whole thing! For those of you interested in this jaw-dropping event, keep an eye out for upcoming e-mails with more information!
small incision, armpit approach, and the lack of disruption of breast tissue; the patient has less pain, much less chances for nerve injury or interference with breast feeding, and gets a better cosmetic result without a scar on the breast. The implant choice can be either saline or silicone.

Most patients can return to work and normal activities after 3-4 days. Breast Augmentation is a safe proven procedure that helps women with small breasts, from a variety of causes, feel better about themselves!

New Injectable: Evolence®

It is no secret that as we age, our skin changes. Wrinkles begin to appear and our skin starts to sag. Collagen loss is responsible for this, and causes an aged and tired appearance. Evolence is a breakthrough treatment that refreshes your appearance naturally replacing the collagen lost with collagen that has been extensively purified and cross-linked with a natural sugar. Now you can "look as good as you feel".

Evolence is an injectable filler with immediate results and minimal-to-no downtime. 89% of Evolence patients had little to no swelling and 87% of patients had little to no bruising. It is recommended for the correction of moderate-to-deep facial wrinkles and folds such as nasolabial folds, the ones that appear from your nose to the corners of your mouth. Unlike other injectable products that simply decrease the appearance of wrinkles, Evolence fills in lines while adding fullness. Evolence is a relatively new dermal filler in the US but has been used in Canada, Europe and Israel for several years. One of the main advantages of Evolence is that it lasts at least 6 months, costing you less time and less money! Speaking of saving money, Evolence is offering a rebate of up to $150 off your Evolence treatment. For more information ask our staff (305) 595-2969. Ask our doctors if Evolence is the right treatment for you.

"Ana Glow"

As you all know, spring is approaching and summer will be here before you know it. This is the perfect time to take care of that unwanted hair you've been dying to get rid of. As many of you may already know, here at Miami Plastic Surgery we have a wonderful aesthetician named Ana who offers Intense Pulse Light Hair Removal. It is safe for fair and dark skin types. If you still have not met with our aesthetician, Ana, you are certainly missing out. Come experience that "Ana glow" that everyone is talking about. Call us at (305)595-2969 to have your complimentary consultation with Ana today!

As a matter of fact, Dr. Kelly will be performing a Breast Augmentation on miamiplasticsurgery.com! More information on our first webcast to come...
Looking Good, Feeling Good with Meredith Wolf...

Taking care of one’s physical, mental and emotional well-being is the foundation of a fulfilling personal and professional life. Professional Wellness Coaches can help you change your life by empowering you to improve your diet, fitness level, health, well-being and overall life satisfaction. Wellness Coaches are partners in helping you define a better future and then navigating the best path to get you there.

Miami Plastic Surgery is now offering you the assistance you need to maintain that new look after surgery. Meredith Wolf, BS, ACSM, AFAA is a Certified Professional Wellness Coach, Health/Fitness Practitioner and Trainer. With specialties in health promotion, personal training and fitness instruction, Meredith has been involved in the fitness industry for over 25 years. She is qualified to offer wellness coaching and education in nutrition, stress management and preventative lifestyle, in addition to safe and effective exercise. Her individualized coaching packages offer a complete, comprehensive program which provides hands-on guidance toward a healthier more productive life, inside and out. Miami Plastic Surgery cares about your overall health and maintaining your new look even after surgery. Call now for a consultation with Meredith at (305) 270-1418 or (305) 785-8481.

Master your own health and well-being by making changes that last.

Why "Low Cost" Centers Can End Up Costing You Much More

Nowadays there are many different options for procedures and treatments in the cosmetic surgery industry. Whether you are looking into getting liposuction or a rhinoplasty, choosing the right doctor is the most important decision one needs to make. Too many people are quick to jump at low cost offers and end up getting into much more then they bargained for.

Our doctors have recently dealt with a couple of cases where they have had to fix these low cost centers' mistakes. This is why it is very important to choose the right place for your cosmetic surgery needs. No one wants to come out of surgery with unpleasing results. It is important to check the background and experience of doctors. Many times it just takes visiting the center and getting a feel for the doctor to know if...
they are the right one for you. Don't fall into these marketing traps, do your research. Get advice from friends or family members who have had surgery in the past. Below you will see a case of scars left from a necklift done at a low cost center here in Miami.

Here at MPS we truly care for our patients and have the best doctors in the business. As a matter of fact, 98.4% of our patients said they would refer friends and family to our practice. We received the HIGHEST score in patient satisfaction of all the top plastic surgery practices in the country. Although most of you have already made the right decision by choosing MPS, we just wanted to make you aware of what’s out there so that you can spread the word to family and friends. Lowering your standards due to cost should not be an option when looking to improve one’s appearance. If they can make these kinds of mistakes in your procedure, imagine what kinds of risks you are taking with your safety. If cost is your issue, we can help. We work with CareCredit to finance your procedure, and offer several plans to help you find the one that is right for you. CareCredit has low minimum monthly payment options, no upfront costs, no prepayment penalties and no annual fees. Call today and speak with one of our Patient Care Coordinators for more information (305)595-2969.

**Congratulations Docs!**

Dr. Herman was recently Named "One of America's Top Plastic Surgeons" by the Consumers' Research Council of America. This research organization provides consumers' information guides for professional services throughout America. They help educate and assist consumers in obtaining the finest professional services.

Dr. Kelly was recently named as one of South Florida’s Super Doctors 2009. Super Doctors identifies medical professionals who have attained a high degree of peer recognition and professional achievement. He was also honored with a Presidential Chair of Rush University established by the Board of Trustees to recognize the philanthropy of Life Trustee Robert A. Pritzker, who in turn sought to honor and recognize the important role Dr. Kelly played in Mr. Pritzker's care. The chair supports medical student financial aid at Rush University.

Dr. Wolf has recently been honored by all of you with a Patients’ Choice recognition. This is an honor that reflects the difference Dr. Wolf has made in his patients’ lives. Every month, over 40,000 patients in the U.S. provide online feedback about their experience with their doctors, only a select few receive absolute rave reviews across the board and of those few only physician like Dr. Wolf hit near perfect scores! Congratulations to all three of our amazing doctors!

**Did You Know?**

Patients come from all over the world to have surgery done by our doctors. Last month Dr. Wolf and Dr. Herman had a patient come all the way from Baghdad, Iraq!

The dark blue countries show where our patients live.

Click here to get a better view.

**Special Offer Through March & April!**

Buy 2 syringes of Restylane/Perlane and receive a rebate check from Medicis for $100!

Buy 3 syringes of Restylane/Perlane and receive a rebate check from Medicis for $150!

Offer ends April 30th! Call us today to schedule your appointment!
MPS Planning Meeting

Good results and having the best run practice in Miami doesn't just happen. Every year, we go away for a weekend "Planning Meeting" so we can focus on making our practice better. As far as we know, we are the only practice in South Florida (and one of a handful in the entire country) that has a formal meeting like this each year to examine what has been done and how to improve. Just one more reason that Miami Plastic Surgery is the best choice for your cosmetic surgery needs!

From left to right: Dr. Brad Herman, Dr. Michael Kelly, Christina Elortegui, and Dr. Carlos Wolf

Employee Spotlight:
Shaun Hernandez

Shaun works at our front desk and is in charge of the Employee Accounts Receivable. She started working with us when she graduated high school. Shaun has been part of the MPS family for over 9 years now. She is married and has a puppy named Buster. On her free time, Shaun enjoys spending time with her family, having BBQs or shopping. "My favorite thing about my job is being in the front, around everything. I like interacting with patients and hearing how grateful they are from the experience they had here, I like being the last person patients see."

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