Congratulations Dr. Kelly!

Dr. Michael Kelly was recently named one of 2008’s 100 Best Plastic Surgeons. Each doctor was chosen from the "Best Doctors" issues from prestigious publications all over the United States. Dr. Kelly is also listed in Castle Connolly’s The Best Plastic Surgeons in America. He was also just appointed councilman of the Key Biscayne Village Council. Congratulations Dr. Kelly!

Case of The Month: Vertical Breast Reduction with Dr. Kelly

Having large and heavy breasts can cause other physical ailments, such as back and neck pain, and visible uncomfortable grooves in the skin from tight bra straps. It can also be tough for some women to find an appropriate size, especially in dresses and bathing suits. The solution is breast reduction surgery. Breast reduction is a surgical procedure used to minimize breast size and make them more proportionate to the rest of your body. You and your surgeon can discuss what size is appropriate and comfortable for you. While most surgeons use the ‘anchor scar’ technique, (which is in the shape of an upside down letter ‘T’) this older technique creates more scarring for the patient. Dr. Kelly now only uses the vertical reduction. His technique uses only a vertical scar that goes around the areola to the bottom of the breast, eliminating the horizontal scar. Patients love this because they have less scars! The procedure is done under general anesthesia. After the surgery you will need to wear a bra for 24 hours a day for an entire week. You can resume light activities after about 10-14 days. Your physician will provide you with clear post-operative guidelines for taking care of yourself.

Click Here to See the Case of Month Before and After Photo.

Finance your surgery!

We recently switched financing companies to offer you better options. Now there is nothing to hold you back from finally having the surgery you have always wanted. With low minimum monthly payment options, no up-front costs, no prepayment penalties and no annual fees, you can have your procedure sooner.

Visit our website for more information.
Long and Luscious Lashes
Did you miss our last Botox and Lashes party? Special guest Lisa Erickson performed eyelash extension demonstrations for our guests. Eyelash Extensions are a revolutionary semi-permanent product that lengthens and thickens eyelashes. Extensions are single strands of synthetic eyelashes that are curved to replicate a natural eyelash. They are bonded to individual eyelashes, one lash at a time, for a natural, elegant and luscious look that accentuates the beauty of your own lash line. They are the choice of many runway models and celebrities around the world! Eyelash Extensions are painless weightless and water resistant so you can sweat, swim or shower worry free. For more information visit PHATLash.com Don't forget to tell Lisa that you are on the Miami Plastic Surgery newsletter mailing list!

Finding the Perfect Fit With Your Implants...
The Natrelle Collection by Allergan offers over 140 breast implant combinations from type of filler and volume to base width and profile. Because every woman's body is different it is important to know your options and find the perfect fit for you. The entire Natrelle Collection is FDA-approved and backed by 25 years of Allergan innovation. Allergan has a strong commitment not only to high quality but to long-term health and safety. All of their implants undergo a unique battery of tests and studies both in the U.S. and Europe. They also strongly believe in educating and supporting patients. Their MyNatrelle program offers real-live stories from women and their experiences, and the latest information to support you along the way.
Visit Natrelle's Site Now.
Planning Ahead For The Holidays

The holidays are still months away, but now is the best time to book your treatments and procedures for entertaining season - before your calendar fills up. Entertaining season is right around the corner, so you might not have time to book a series of treatments you need for your makeover this year. Planning ahead now can save you time and get you in great shape well before the holidays, and you can celebrate with a fresh new look. Make your appointment today (305)595-2969.

Looking Good in a Down Economy

The economy is a mess right now, but that doesn’t mean you need to be. Injectables (e.g. Botox, Restylane) are a less expensive and less invasive way to maintain your looks. Call us today for a consultation: (305)595-2969.

For more information on injectables.

Employee Spotlight: Nurse Ivette

Ivette Machado Lopez RN, BSN is one of our Operating Room nurses. She also happens to be our Employee of the Month! Ivette has been married to her husband Laz for 8 years and they have 2 children: Brandon 3, and Isabelle 1. Ivette has been with us for 2 years. She studied nursing at Florida International University. She says "My favorite thing about my job is the interaction I have with people. I want them to have the best experience possible here. I love caring for them and my goal is to make every patient feel comfortable and safe. It is so rewarding when they come back and visit and tell me how great their experience was."

What Ever Happened To The Thread Lift?

Remember when the Thread Lift first came out? The procedure was done under local anesthesia on each side of the face. Two to four Russian threads, like sutures with tiny "spikes" were inserted under the skin (on top of the muscles) using a raquia needle. The needle was then withdrawn and the spikes of the string "hooked" the skin, and with gentle manual pulling, the strings pulled the skin upwards to produce a lifting effect.

A lot of you wondered why we did not offer the treatment here at MPS. The fact is that it just did not work. There are always new procedures being developed in the cosmetic surgery world, but not all of them are safe or effective. New does not always mean better. We only offer you the safest and most effective treatments available, and we promise to always do so.
Our Doctors Are Everywhere!

Dr. Herman was recently interviewed by Telemundo news about earlobe repair surgery and again about the much-loved pain pump for tummy tuck surgery. Dr. Wolf was interviewed on Despierta America about a variety of topics including new trends and techniques in cosmetic surgery. Did you know he is writing a column in The Miami Herald and on MakeMeHeal.com? Dr. Kelly just participated in Baptist Children’s Hospital’s Day of Smiles. Doctors, nurses, technologists, and other staff volunteered their talents to provide free corrective facial surgeries to children whose families could not afford to pay for them. Dr. Herman is speaking at the upcoming 11th annual Breast Cancer Survivors Celebration on October 2nd at South Miami Hospital 6-9pm hosted by Your Bosom Buddies Breast Cancer Support Group. Dr. Herman and Dr. Kelly gave the Bosom Buddies group a home and helped them get started in 1997.

Miami Plastic Surgery

8940 N. Kendall Drive Suite 903-E Miami, FL 33176

(305)595-2969

www.miamiplasticsurgery.com

Written By: Christina Elortegui Director of Marketing & Public Relations