Case of the Month: Gynecomastia with Dr. Kelly

Gynecomastia is a condition of over-developed or enlarged breasts in men. It is common in men of any age. It can result in terrible embarrassment, teasing, and social trauma. Many try to hide it with thick shirts, avoid bare chest activities, and withdraw from public exposure. However there is a solution. The best treatment for gynecomastia is ultrasonic liposuction. It is usually performed while the patient is under general anesthesia and takes about 1 hour. The procedure is done by making a small incision under the breast and then suctioning out the excess fat and excess tissue to give the gentlemen a flatter, male look. After surgery, the patient wears a compression garment which is like a vest, under his clothing, to help the skin shrink down. There is very little pain involved with this surgery. Most patients are able to return to normal activity within a day or so.

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If you’d like more information or to schedule a consultation with Dr. Kelly please call us at (305)595-2969. You can also [click here](http://www.miamiplasticsurgery.com) to visit our website.
I got too much sun this summer, now what?

Did you spend too much time soaking up the sun this summer? Although the effects of those rays are difficult to undo, there are sun damage repair tools or products that you can use to reverse some of the aging effects. NIA 24 Sun Damage Repair for Decolletage and Hands is a nutrient-rich cream that delivers intense moisture while it improves the appearance of photo-damage on the decolletage, shoulders and hands. Age spots and discolorations visibly diminish with its proven brightening complex. It enhances skin barrier function to accelerate repair and increase resistance to damage and moisture loss. Daily use will result in a significant improvement in overall tone, texture and resilience.

If you're interested in this product or would like to schedule a consultation with our skincare specialist, Ana, please call (305)595-2969.

Lifestyle Lift fined for deceptive advertising

The Lifestyle Lift reportedly claims to be an alternative that is safer, less expensive, and requires less recovery time than traditional facelifts, when in fact many people have disagreed. A Lifestyle Lift is a mini facelift option performed under local anesthesia. This procedure will not give the results of a comprehensive facelift. Why is that you’ve heard rave reviews about this procedure you ask? It may be because most of their incredible online reviews were faked. Lifestyle Lift was recently fined by the NY Attorney General for deceptive advertising. According to Aesthetic Society News, the company believed that its negative reviews were hurting its reputation so they ordered employees to reply to web postings online and act as satisfied clients. Lifestyle Lift even created its own sites of face-lift reviews to appear as independent sources. As you know, Miami Plastic Surgery ONLY uses proven techniques that create predictable, consistent results. Traditional facelifts have long standing track records to make sure you get the look you really want. If the Lifestyle Lift was all it’s hyped up to be why would they have told employees to fake reviews online?
Dr. Wolf said, "Shaving was her secret to looking sharp..."

Since Dr. Wolf’s article in the Miami Herald about Dermaplaning got so many of our patients interested in the procedure, we are extending the special for another month! According to Dr. Wolf's article, "Shaving's her secret to looking sharp", "Shaving or dermaplaning is why we men look so young. Just kidding, but men who shave tend to have fewer fine wrinkles than women because we are constantly removing older skin and rejuvenating our skin by stimulating the skin to recycle." By exfoliating the skin with the blade, the outer layer of skin is removed improving the appearance of scars and diminishing the appearance of fine wrinkles. Dermaplaning also gives you an amazing softness and glow! If you have never had a Dermaplane treatment now is the perfect time to try it. You'll be hooked, just ask one of our doctors!

Dermaplane regular price- $250, call (305)595-2969 today to get your Dermaplane treatment 50% off!!

Tanning beds, the new cigarettes

Beware tanning bed addicts! Cancer experts have moved tanning beds and ultraviolet radiation into the top cancer risk category deeming both to be definite causes of cancer along with tobacco, hepatitis B etc. According to a new analysis of about 20 studies, the risk of skin cancer jumps by 75% when people start using tanning beds before age 30. Self tanners are looking better and better...

Patient's Corner with Sury Nieves

Dr. Wolf turned me on to an injectable called Sculptra recently since I have had problems with body fat loss in my face. I'm ecstatic about Sculptra because it has made a huge difference! I'm a personal trainer who engages in pushing clients through grueling workouts like boot camp, kickboxing & spartan training. I need to stay lean & fit. Due to the fact that the first place we notice weight loss/fat loss is the face I've suffered with having this sucked in appearance.

Thanks to Dr. Wolf and Sculptra my face has changed for the better. Many of my clients have made comments on how I look like I have new skin or a rejuvenated look.

(continued on next page)
I recommend Sculptra for anyone who competes or likes to maintain a lean body.

For questions or comments I can be reached at 786-395-1298.
-Sury Nieves

Sculptra was recently FDA approved as a cosmetic facial Injectable for the correction of shallow to deep nasolabial fold (smile lines) contour deficiencies and other facial wrinkles which are treated with the appropriate injection technique in healthy people. It works gradually, resulting in a more youthful looking appearance that can last up to two years.

For more information please contact us (305)595-2969 or info@miamiplasticsurgery.com

MPS is here for you!
We would like to remind you that our incredible team of doctors is available for presentations, speeches, or round table discussions for any event you have either professional or at organizations you belong to. For more informations, contact Katrina Silva at (305)595-2969 or ksilva@miamiplasticsurgery.com

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